



MENTAL HEALTH SERVICES

CAAT students have access to local and regional Mental Health Clinicians. These mental health professionals and counselors, work with students, families, staff, and interagency partners to access and support mental health challenges on school campuses, and work to address possible barriers to student learning. Services may include counseling, family counseling, group counseling/skills groups, suicide prevention/intervention services, crisis intervention services, case management/progress monitoring, school social work services, and/or referral to community partners. The CAAT administration works with families to access these resources through contracted services, community partnerships, and services through the El Dorado Charter SELPA.

Parents/guardians may contact CAAT directly for an overview of the services provided and to receive more information about the specific type of mental health services and supports provided, how to access the services, or to receive more information about referrals to community agencies and resources, when applicable. Mental health services that are provided in the school may include academic counseling, brief interventions to address behavior problems, assessments and referrals to other systems. Providing mental health services in a school-based setting helps address barriers to learning and provides support so that all students can achieve in school and ultimately in life.

You may also directly contact Frank Pasillas, Principal or Amanda Drath Special Education Teacher at 661-885-0023

RESOURCES:

Kern Behavioral Health & Recovery Services

<https://www.kcdhs.org/home/showdocument?id=116>

Access: 661-868-8080

Local Crisis Hotline: 1-800-991-5272

Kern County Department of Human Services - *Community Resources*

<https://www.kcdhs.org/resources/community-resources>

National Alliance on Mental Illness (NAMI)

<https://namica.org/>

California Department of Education, Mental Health

<https://www.cde.ca.gov/ls/cg/mh/index.asp>

<https://www.cde.ca.gov/ls/cg/mh/projectcalwell.asp>

<https://www.dhcs.ca.gov/services/mh/Pages/ProgramsforChildrenandYouth.aspx>

Phone/Text

National Suicide Prevention Lifeline: 1-800-273-8255

Crisis Text Hotline: Text HOME to 741741

Local Crisis Hotline: 868-8000 or 800-991-5272